

Menu Name : Stonebridge World School Grades K-6 Lunch Menu		Options Provided : Hot & Hot Vegetarian Meals			
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP Meal : Lunch			
<b>FEBRUARY - 2025</b>					
<b>Hot Meals</b>	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025
	<b>Chicken Nuggets/Trocitos de Pollo</b>	<b>Meatballs/Albondigas</b>	<b>Noodles Bowl/Pasta</b>	<b>Chicken Sandwich/Emparedado de</b>	<b>Fresh Pizza/Pizza de Queso</b>
	Ketchup /Salsa de Tomate	Mashed Potatoes/Pure de Papa	Noodles & Chicken/Pasta & Pollo	WG Bun & Ketchup/Pan & Salsa	Salad w/Dressing
	Cheddar Crisps/Galletas	Chilled Fruit Cocktail/Coctel de Frutas	Cucumbers & Dip/Pepinos & salsa	Baked Beans/Frijoles Horneados	Crisp Varietal Apple
	Carrots & Dip/Zanahorias y Salsa	WG Dinner Roll/Pan	Banana /Banano	Celery & Dip/Apió & Salsa	Choice Milk
Apple & Milk/Manzana & Leche	Choice Milk/Leche	Choice Milk/Leche	Fruit Cup & Milk/Fruta & Leche		
<b>Hot Meals</b>	Monday, February 10, 2025	Tuesday, February 11, 2025	Wednesday, February 12, 2025	Thursday, February 13, 2025	Friday, February 14, 2025
	<b>Cheeseburger/Hamburguesa</b>	<b>Sweet &amp; Sour Chicken/Pollo Aaridulce</b>	<b>Hot Dog/Perro Caliente</b>	<b>Brunch Lunch/Desalmuerzo</b>	<b>Fresh Pizza/Pizza de Queso</b>
	Bun, BBQ Sauce & Cheese/Pan, Salsa & Queso	Seasoned Rice/Arroz	Bun, Ketchup/Pan & Salsa	French Toast & Syrup/Tostada Francesa	Salad & Dressing/Ensalada & Salsa
	Baked Beans/Frijoles Horneados	Celery,Carrots & Dip/Apió, zanahoria, Sals	Potato Stix & Ketchup/Papa & Salsa	Carrot & Dip/Zanahoria & Salsa	Crisp Varietal Apple/Manzana
	Apple Slices/Manzana	Chilled Fruit Cocktail/Fruta	Banana/Banano	Frozen Fruit Cup/Fruta	Choice Milk/Leche
Choice Milk/Leche	Choice Milk/Leche	Choice Milk/Leche	Choice Milk/Leche		
<b>Hot Meals</b>	Monday, February 17, 2025	Tuesday, February 18, 2025	Wednesday, February 19, 2025	Thursday, February 20, 2025	Friday, February 21, 2025
	<b><u>NO SCHOOL</u></b>	<b><u>NO SCHOOL</u></b>	<b>Mozzarella Burger/Hamburguesa con Queso</b>	<b>Chicken Nuggets/Trocitos de Pollo</b>	<b>Fresh Pizza/Pizza de Queso</b>
	<b><u>NO HAY CLASES</u></b>	<b><u>NO HAY CLASES</u></b>	Ketchup/Salsa	Carrots w/ Dip/Zanahoria & Salsa	Broccoli & Dip/Broccoli & Salsa
			Baked Beans/Frijoles Horneados	Orange Fruit Cup/Fruta	Crisp Varietal Apple/Manzana
			Celery & Dip, Banana/Apió & Salsa, Banar	Strawberry Grahams/Galletas	Choice Milk/Leche
		Crackers & Milk/Galletas & Leche	Choice Milk/Leche		
<b>Hot Meals</b>	Monday, February 24, 2025	Tuesday, February 25, 2025	Wednesday, February 26, 2025	Thursday, February 27, 2025	Friday, February 28, 2025
	<b>Chicken Tenders/Trocitos de Pollo</b>	<b>Sloppy Joe/Emparedado de Carne</b>	<b>Orange Chicken/Pollo a la Naranja</b>	<b>Pasta Bake/Pasta</b>	<b><u>NO SCHOOL</u></b>
	Dinner Roll/Pan	Traditional Sloppy Joe Bun Cheese/Pan, Carne & Queso	Steamed Seasoned Rice/Arroz	Penne, Chicken & Mozzarella/Pasta, Pollo, Queso	<b><u>NO HAY CLASES</u></b>
	Steamed Corn/Maiz	Beans & Celery/Frijoles & Apió	Cucumbers & Dip/Pepino & Salsa	Salad & Dressing/Ensalada & Salsa	
	Cinnamon Apple Slices/Manzana	Fruitl & Milk/Fruta & Leche	Banana/Banano	Frozen Fruit Cup/Fruta	
Choice Milk/Leche		Choice Milk/Leche	Choice Milk/Leche		

### Proteins in School Meals

Protein gets a lot of attention these days. In school meals, we categorize protein-rich foods as "meat and meat alternatives." These include lean meats such as poultry and beef, beans/legumes and cheese. By offering a variety of options on our menus, we accommodate a range of dietary preferences and needs.

These foods are rich sources of protein, essential for building and repairing tissues, supporting immune function, and maintaining overall health. Additionally, they provide vital nutrients such as iron, zinc and B vitamins, which are crucial for cognitive function, energy metabolism and overall well-being.

\*\*\* Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



Hot Veg				